

Youth programs American league rules

Ages 10-12

1. Age Requirement: Need to be 10 on or before June 1st; Cannot turn 13 before June 1st.
2. Pitching Machine will be used.
3. Regular baseball rules apply except where stated below.
4. Teams will change sides after three outs or when six runs have been scored, whichever comes first.
5. Each team must have at least five players to begin play. Penalty: Forfeit.
6. Each team will be allowed to play a maximum of ten players at one time.
7. Every player shall get to play on each day that he is present.
8. Six inning game. If both teams are playing a doubleheader, the second game is a five inning game.
9. Wednesday night games will have a one-hour time limit.
10. Batter will be called "Out" for slinging the bat. Base runners will not advance.
11. A hit ball striking the pitching machine is one base hit. Runners will advance one base.
12. No stealing. Base Runners must keep foot on base until ball is hit. Penalty: Out.
13. Three strikes is an out, even if the catcher should drop the third strike.
14. No walks.
15. Infield Fly rule will be called.
16. No metal cleats.
17. Players must wear helmets when batting and running bases. Catchers must wear helmets.
18. Excessive heat or time limits may force the above rules to be adjusted.